



Trinity Academy
October 2018
Lunch Menu



1	2	3	4	5
Hamburger on WG bun French Fries Applesauce Pears Condiments Milk	Chicken Fajita wrap Shredded cheese Brown rice Lettuce Diced tomatoes Chick peas Applesauce & peaches Condiments Milk	Oven roasted chicken with a roll Green beans Cranberry jelly sauce Applesauce & Pears Condiments Milk	Twin tacos Brown rice Carrots or celery Lettuce / dressing Diced tomatoes Shredded cheese / salsa Applesauce & Pears Milk	Breaded fish sticks Lettuce Diced tomatoes Chick peas Sweet potato fries Applesauce & Peaches Condiments Milk
8	9	10	11	12
Beef Ravioli / roll Carrots Applesauce Juice Milk	Twin tacos Brown rice Carrots or celery Lettuce / dressing Diced tomatoes Shredded cheese / salsa Applesauce & Pears Milk	Hamburger on WG bun French fries Applesauce Pears Condiments Milk	Chicken breast on WG roll Green Beans Carrots Applesauce Pears Condiments Milk	Parent Conferences No classes for students
15	16	17	18	19
Pork BBQ on WG bun Baked beans French fries Applesauce Mixed fruit Condiments Ranch dressing Milk	Chicken Fajita wrap Shredded cheese Brown rice Lettuce/ ranch dressing Diced tomatoes Chick peas Applesauce & peaches Condiments & Salsa Milk	Turkey w/ gravy Sandwich Broccoli Spears Cranberry jelly sauce Applesauce Milk	Oven roasted chicken with a roll Green beans Cranberry jelly sauce Applesauce & Pears Condiments Milk	Grilled Cheese sandwich Tomato Soup Applesauce Mixed fruit Milk
22	23	24	25	26
Rotini /sauce /meatballs Mozzarella Cheese Lettuce Diced tomatoes Chick peas Ranch dressing Applesauce & Pears Milk	Twin tacos Brown rice Carrots or celery Lettuce / dressing Chick peas Diced tomatoes Shredded cheese / salsa Applesauce & Pears Milk	Hot dog on WG bun Cheese slice French Fries Applesauce Pears Condiments Milk	4 French Toast 3 sausage links French fries Juice variety Condiments Pancake syrup Milk	No lunch is served on half days.
29	30	31	November 1	November 2
Oven roasted chicken with a roll Green beans Cranberry jelly sauce Applesauce & Pears Condiments Milk	Pork BBQ on WG bun Baked beans French fries Applesauce Mixed fruit Condiments Milk	Chicken Fajita wrap Shredded cheese Brown rice Lettuce Diced tomatoes Chick peas Applesauce & peaches Condiments & Salsa Milk	Hamburger on WG bun Mixed vegetables Applesauce Pears Condiments Milk	Grilled Cheese sandwich Tomato Soup Applesauce Mixed fruit Milk

1% White and 1% Flavored Milk is offered daily.

Alternate Sandwiches: Peanut Butter & Jelly, Peanut Butter and Cheese every day w/string cheese

Student Full Paid \$2.60

Student Reduced \$.50

Adult Tray \$3.50



Milk \$.40

Large Water \$.50

MENU ITEMS ARE SUBJECT TO CHANGE

(OVER)